

WHY DOES THE
ENEMY ATTACK?

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The enemy aims to disrupt a person's connection with God by planting seeds of doubt, fear, and temptation, making it harder to pray, study scripture and experience God's presence.

The enemy can influence thoughts, planting harmful and destructive ideas, accusations, and lies. These thoughts can manifest as guilt, shame, and unworthiness, making trusting God's love and forgiveness challenging.

By attacking our mind, the enemy seeks to weaken faith and trust in God, leading individuals to question their belief and his goal is for us to abandon our walk with Christ.

WHY DOES THE ENEMY ATTACK?

The thief comes only to steal
and kill and destroy; I have
come that they may have life,
and have it to the full.

John 10:10

Be alert and of sober mind.
Your enemy the devil prowls
around like a roaring lion
looking for someone to
devour.

1 Peter 5:8

HOW TO COUNTER THE SPIRITUAL ATTACKS?

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Recognise the power you have been given and why Jesus came to Earth, it was to set you free.

Stay alert and be aware of the enemy's schemes and games; he will attempt to put you down, and if you are ever feeling that way, go straight to God, even if it may feel hard or you cannot.

HOW TO COUNTER THE ATTACKS?

Submit yourselves, then, to God. Resist the devil, and he will flee from you.

James 4:7

I can do all this through Him who gives me strength.

Philippians 4:13

HOW TO COUNTER THE ATTACKS?

13 Therefore, put on the full armour of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. 14 Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, 15 and with your feet fitted with the readiness that comes from the gospel of peace. 16 In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. 17 Take the helmet of salvation and the sword of the Spirit, which is the word of God.

Ephesians 6:13-17

STAY STRONG AND
REMEMBER JESUS
LOVES YOU