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THE ARMOUR OF GOD

EPHESIANS 6:10-20

10 Finally, be strong in the Lord and in his mighty power. 11 Put on the full armour of God, so that you can take your stand against the devil's schemes. 12 For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. 13 Therefore put on the full armour of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. 14 Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, 15 and with your feet fitted with the readiness that comes from the gospel of peace. 16 In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. 17 Take the helmet of salvation and the sword of the Spirit, which is the word of God.

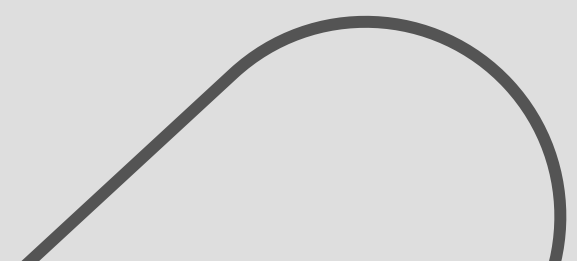

18 And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people. 19 Pray also for me, that whenever I speak, words may be given me so that I will fearlessly make known the mystery of the gospel, 20 for which I am an ambassador in chains. Pray that I may declare it fearlessly, as I should.



HOW TO USE THIS IN OUR LIFE



The armour of God is a very powerful tool for us to use against the enemy's tricks and games. But how can we use this in our life, I have found some verses and applications for us to go through which will help you on your journey.



BELT OF TRUTH

- John 8:32 – "Then you will know the truth, and the truth will set you free."
- Psalm 119:160 – "All your words are true; all your righteous laws are eternal."
 - Start your day by grounding yourself in God's truth—read Scripture and reject lies the world may throw at you.
 - Speak truth in love, stand firm in your convictions, and avoid deceit.

BREASTPLATE OF RIGHTEOUSNESS

- Isaiah 59:17 – "He put on righteousness as his breastplate..."
- 2 Corinthians 5:21 – "God made him who had no sin to be sin for us, so that in him we might become the righteousness of God."
- Ask God to help you make righteous choices—whether in relationships, work, or personal struggles.
- Repent and turn from sin, keeping your heart aligned with God's will.

FEET FITTED WITH READINESS

- Isaiah 52:7 – "How beautiful on the mountains are the feet of those who bring good news..."
- Romans 10:15 – "How can anyone preach unless they are sent? As it is written: 'How beautiful are the feet of those who bring good news!'"
- Carry the peace of God wherever you go—be quick to forgive, reconcile, and spread love.
- Share the gospel boldly, whether in conversations or through your actions.

SHIELD OF FAITH

- Hebrews 11:1 – "Now faith is confidence in what we hope for and assurance about what we do not see."
- 1 John 5:4 – "For everyone born of God overcomes the world. This is the victory that has overcome the world, even our faith."
- When doubts or fears come, hold onto faith—declare God's promises over your life.
- Use faith to extinguish negativity, anxiety, and attacks from the enemy.

HELMET OF SALVATION

- Isaiah 59:17 – "He put on the helmet of salvation on his head..."
- 1 Thessalonians 5:8 – "But since we belong to the day, let us be sober, putting on faith and love as a breastplate, and the hope of salvation as a helmet."
 - Protect your thoughts by dwelling on God's truth instead of worries or worldly influences.
 - Renew your mind daily through prayer and Scripture, trusting in your salvation.

SWORD OF THE SPIRIT

- Hebrews 4:12 – "For the word of God is alive and active. Sharper than any double-edged sword..."
- Matthew 4:4 – "Jesus answered, 'It is written: Man shall not live on bread alone, but on every word that comes from the mouth of God.'"
- Use Scripture to fight against discouragement, temptation, and lies.
- Memorise Bible verses that strengthen your faith, just as Jesus did when He was tempted.

PRAYER & WATCHFULNESS

- 1 Thessalonians 5:17 – "Pray continually."
- Philippians 4:6 – "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God."
 - Talk to God throughout your day, asking for wisdom, strength, and discernment.
 - Pray for others and remain spiritually alert, aware of God's presence in all circumstances.

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**THANK
YOU**